

# Packing List

**Clothing/Gear** (please label with your child's full name)

The following list is a suggestion for a **1-week session**. Increase what you pack appropriately for the number of days you will be staying with us.

Remember to pack old clothes appropriate for participation in camp programs. Remember to look through the lost and found before you take your child home at the end of the session, as we do not mail lost and found items.

***For your child's safety:*** Only sandals with heel straps are allowed at camp, open back sandals (i.e. flip flops) are not permitted for physical activities or day-to-day use.

6 shirts (t-shirts)	1 - 2 pr. long pants (cool nights)
5 pr. shorts	6 sets underwear
6 pr. socks	1 sweatshirt or sweater
1 light-weight jacket	2 swimsuits
1 pr. warm pajamas	2 handkerchiefs/Facial tissue
1 pr. cool pajamas	1 sleeping bag or bedding (twin mattress size)
1 flashlight with batteries	1 pillow with pillowcase
1 Hat to block sun	Rain poncho or rain gear
2 bath towels	2 swim towels
2 washcloths	Comfortable hiking/walking shoes
1 reuseable water bottle	1 pr. walking sandals (no flip-flops)
1 laundry bag	Shampoo
Bath soap or body wash	Deodorant
Toothbrush/tooth paste	Shower sandals (not for activities use)
Sunscreen	Wipe-on insect repellent
Pen/pencil/paper/note cards/stamps	

**Optional Items: (Keep inexpensive)**

- 1 white cotton t-shirt (for tie-dying)
- 1 camera (Please label with camper's full name)

Electronic items (MP3 players, handheld video games, iPods, etc...)

**Do Not Bring!**

- |                          |                            |                                     |
|--------------------------|----------------------------|-------------------------------------|
| Smoking materials        | Pocket knives              | Mobile phones, pagers, or computers |
| Illegal drugs or alcohol | Radios or personal stereos | Soda or sugary drinks               |
| Expensive jewelry        | Fireworks                  | Firearms or ammunition              |