



# During Deployment Event

## Welcome and Introductions

### Parenting During Deployment

Parenting is hard under any circumstances. However, it can be even more challenging when one parent is serving overseas. Come and learn some tips to help you through the challenges of parenting during a deployment .

### Supporting Your Service Member During Deployment

Ever wonder what to say when he/she calls? How much to tell? Ever worry about how he/she is doing? Come learn how Military OneSource and Military Family Life Consultants can help!

### Our Challenging Financial Times

Struggling to pay the bills? Having trouble keeping track of finances? Would you like to learn about different military programs and plans that help keep you financially fit? Come and meet with our financial advisor!

### Social Networking and OPSEC Rules

Do you use twitter, facebook, flickr or other social networking tools? Come learn how to keep your family safe as well as maintaining operational security for our service members.

## Wrap Up and Evaluation

[www.wingfam.org](http://www.wingfam.org)

1-800-292-9464

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